

SRE PRIMARY CURRICULUM OVERVIEW

	FOUNDATION STAGE	KEY STAGE ONE		KEY STAGE TWO			
	Early Years	Year One	Year Two	Year Three	Year Four	Year Five	Year Six
TOPICS	Myself and Others	Myself and Others	Differences: Boys and girls	Self Esteem	Growing and Changing	Talking about puberty	Puberty and reproduction
	Family Networks	Body Parts	Differences: Male and Female	Challenging Gender Stereotypes	Body changes and reproduction	Becoming men and women	Relationships and reproduction
	Body Awareness	Family	Naming Body Parts	Differences: Male and Female	What is puberty?	Puberty and hygiene	Conception and pregnancy
	Hygiene	Friendships	Everybody needs caring for	Family Differences	Thinking, feeling, doing – changing relationships	Menstruation and wet dreams	Being a parent
		Choices	Looking after the body	Decision Making	Assertiveness	Menstruation education for girls	HIV Transmission
				Safety	Your questions answered	Building good relationships	Your questions answered
		Include assessment opportunities in every lesson and at the end each unit. See section 4 on assessment					

Foundation Stage

	Learning Intentions and Outcomes	Early Years Foundation Stage Links	Suggested Resources
Foundation Stage	<p>Unit One: Myself and Others</p> <p>Learning Intention: To recognise some feelings. To recognise that their behaviour affects other people, especially when angry.</p> <p>Learning Outcomes: To begin to have identified some of their feelings and recognised some of the ways they express them. To recognise how our feelings can influence our friendships. To realise that their behaviour (words and actions) can affect other people.</p>	<p>PSE Self confidence and self esteem Making Relationships Behaviour and Self Control Sense of Community</p>	<p>Early Years Foundations Stage, Sex and Relationship Education Scheme of Work for Foundation Stage, Key Stage 1 and Key Stage 2, Croydon Healthy Schools</p> <p>The whole Foundation Stage Unit is taken with kind permission from the Croydon Scheme of Work.</p>
Foundation Stage	<p>Unit Two Family Networks</p> <p>Learning Intention: That family and friends care for each other.</p> <p>Learning Outcomes: To have identified family members and friends and the roles that they play. To know who they can talk to at home and at school</p>	<p>PSE Making Relationships Self Care Sense of Community</p>	

Foundation Stage	<p>Unit Three Body Awareness Learning Intention: To appreciate and value their body, its capabilities and uniqueness.</p> <p>Learning Outcomes: To know that humans produce babies that grow into children and then into adults. To consider the ways they have changed physically since they were born. To begin to recognise the proper names for the external parts of the body. To be able to describe some of the functions of some of the parts of the body.</p>	<p>PD Healthy and Bodily Awareness</p>	
Foundation Stage	<p>Unit Four Hygiene Learning Intention: To understand why hygiene is important.</p> <p>Learning Outcomes: Explain why it is important to keep clean. Understand some basic hygiene routines. Understand some areas in which they can look after themselves e.g. dressing and undressing</p>	<p>PSE Self Care</p> <p>PD Healthy and Bodily Awareness</p>	

Key Stage 1: Year 1

	Learning Intentions and Outcomes	End of Key Stage Statements	Suggested Resources
Year 1	<p>Lesson One: Myself and others</p> <p>Learning Intention To know the importance of valuing oneself To recognise that everyone is different</p> <p>Learning Outcomes To describe and begin to value individuality and to recognise and celebrate their emotions, gifts and talents. To know and value the different groups to which they belong. To recognise similarities and differences between themselves and their peers</p>	<p>PSHE & Citizenship Framework</p> <p>1d, to think about themselves, learn from their experiences and recognise what they are good at 2f, that they belong to various groups and communities, such as family and school 4c, to identify and respect the differences and similarities between people</p>	<p>Year 1, Sex and Relationship Education, Croydon Healthy Schools</p> <p>The whole Year 1 Unit is taken with kind permission from the Croydon Scheme of Work.</p>
Year 1	<p>Lesson Two Body Parts</p> <p>Learning Intention To recognise their bodies' capabilities and uniqueness.</p> <p>Learning Outcomes To identify similarities and differences between themselves and the opposite gender. • To recognise and name, using the proper terminology, parts of the body and what those parts do.</p>	<p>PSHE & Citizenship Framework</p> <p>3e, the names of the main parts of the body 4c</p>	

<p style="text-align: center;">Year 1</p>	<p>Lesson Three Family</p> <p>Learning Intention To know that there are different types of family and all families have special roles in children's lives.</p> <p>Learning Outcomes To be able to describe their family. To understand why their families are special. To identify different ways that families and individual members care for each other. To have identified their special people and be able to describe what makes them special</p>	<p>PSHE & Citizenship Framework</p> <p>1b, to share their opinions on things that matter to them and explain their views</p> <p>2a, to take part in discussions with one other person and the whole class</p> <p>4c, to recognise how their behaviour affects other people</p> <p>4d that family and friends should care for each other</p>	
<p style="text-align: center;">Year 1</p>	<p>Lesson Four Friendships</p> <p>Learning Intention To understand what friendship is</p> <p>Learning Outcomes To describe who a friend is and what a friend does. To demonstrate some skills needed to make and maintain friendships</p>	<p>PSHE & Citizenship Framework</p> <p>1c, to recognise, name and deal with their feelings in a positive way</p> <p>2e, to realise that people and other living things have needs and that they have responsibilities to meet them</p> <p>4b, to listen to people and play and work cooperatively</p> <p>4d,</p>	

Year 1	<p>Lesson Five Choices</p> <p>Learning Intention To recognise most children can make choices.</p> <p>Learning Outcomes To understand that they have choices. To recognise that choices and responses will be affected by different factors. To recognise that some choices will be wrong and other choices will be right. To identify a simple way for decision making</p>	<p>PSHE & Citizenship Framework</p> <p>1a, to recognise what they like and dislike, what is fair and unfair and what is right and wrong</p> <p>1b,</p> <p>2c, to recognise choices they can make and recognise the difference between right and wrong</p> <p>3a to make simple choice that improve their health and well-being</p>	
<p>Additional recommended resources</p> <p>Key Stage 1 Lesson plans, p 47-73, Laying the Foundations: Sex and Relationships Education in Primary Schools, Anna Martinez & Vanessa Cooper, NCB, 2006</p> <p>Let's Grow with Nisha and Joe, www.fpa.org.uk</p> <p>Cambridge PSHE Service, Key Stage 1 Year Group 1, Unit 1 How My Body Works and Changes</p> <p>KS1 Sec 3 lesson 18, I am I Know I Can, Tacade</p> <p>The Truth About Babies, Andrea Shavick</p> <p>You'll Soon Grow Into Them Tltch, Pat Hutchins</p> <p>Living and Growing, Unit 1, Programme 1, http://www.channel4learning.com/</p>			

Key Stage 1: Year 2

	Learning Intentions and Outcomes	End of Key Stage Statements	Suggested Resources
Year 2	<p>Lesson One: Differences: Boys & Girls</p> <p>Learning Intention To understand and respect differences and similarities between boys and girls</p> <p>Learning Outcomes Describe the ways boys and girls can be the same and different Understand that some people have fixed ideas about what boys and girls can do Describe the difference between male and female babies</p>	<p>PSHE & Citizenship Framework</p> <p>1b share their opinions on things that matter to them and explain their views</p> <p>4c, to identify and respect the differences and similarities between people</p>	<p>Year 2 Lesson 1, Teaching SRE with Confidence, The Christopher Winter Project, www.tcwp.co.uk</p>
Year 2	<p>Lesson 2 Difference Male and Female</p> <p>Learning Intention To explore some of the differences between males and females and to understand how this is part of the life cycle</p> <p>Learning Outcomes Describe some differences between male and female animals Describe some differences between boys and girls Understand that making a new life needs a male and a female</p>	<p>PSHE & Citizenship Framework</p> <p>3e, the names of the main parts of the body 4c,</p> <p>National Curriculum Science</p> <p>Sc2/1b, that animals including humans move, feed, grow, use their senses, and reproduce</p>	<p>Year 2 Lesson 2, Teaching SRE with Confidence, The Christopher Winter Project</p> <p>DVD: Living & Growing, Unit 1, Programme 1, <i>Differences</i></p> <p>Let's Grow with Nisha and Joe, www.fpa.org.uk</p>
Year 2	<p>Lesson Three Naming body parts</p> <p>Learning Intention To focus on sexual difference and to name body parts</p> <p>Learning Outcomes Describe the differences between males and females Name the male and female body parts</p>	<p>PSHE & Citizenship Framework</p> <p>3e,</p> <p>National Curriculum Science</p> <p>Sc2/1b 2a, to recognise and compare the main external parts of the bodies of humans and of other animals</p>	<p>Year 2 Lesson 3, Teaching SRE with Confidence, The Christopher Winter Project</p> <p>Let's Grow with Nisha and Joe, www.fpa.org.uk</p>

	Learning Intentions and Outcomes	End of Key Stage Statements	Suggested Resources
Year 2	<p>Lesson Four Everybody Needs Caring For</p> <p>Learning Intention To appreciate that everyone needs to be cared for</p> <p>Learning Outcomes Identify ways to show care towards each other Understand that we all have different needs and need different types of care</p>	<p>PSHE & Citizenship Framework</p> <p>2e, to realise that people and other living things have needs, and that they have responsibilities to meet them</p> <p>3d, about the process of growing from young to old and how people's needs change</p> <p>4d that families and friends should care for each other</p>	<p>Year 2 Lesson 5, Supporting Sex and Relationship Education in the Primary School, Islington Healthy Schools</p> <p>Additional Resources The World Is Full of Babies, Mick Manning & Brita Granstrom</p> <p>Let's Grow with Nisha and Joe, www.fpa.org.uk 2008</p>
Year 2	<p>Lesson Five Looking after the body</p> <p>Learning Intention To learn why it is important to keep clean.</p> <p>Learning Outcomes Describe how to look after particular parts of the body Explain why it is important to keep clean Describe and carry out basic hygiene Know what to take responsibility for and when to ask for help</p>	<p>PSHE & Citizenship Framework</p> <p>1d, to think about themselves, learn from their experiences and recognise what they are good at</p> <p>3a, how to make simple choices that improve their health and well-being</p> <p>3b, to maintain personal hygiene</p> <p>3e</p>	<p>Year 2 Topic 2, Sex and Relationship Education, Croydon Healthy Schools</p> <p>Additional Resources KS1 Sec 3 lesson 16, Keeping Clean. I am, I Know, I Can, Tacade</p>
<p>Additional recommended resources Key Stage 1 Lesson plans, p 47-73, Laying the Foundations: Sex and Relationships Education in Primary Schools, Anna Martinez & Vanessa Cooper, NCB, 2006</p>			

Key Stage 2: Year 3

	Learning Intentions and Outcomes	End of Key Stage Statements	Suggested Resources
Year 3	<p>Lesson One: Self Esteem</p> <p>Learning Intention To recognise their worth as individuals by identifying positive things about themselves and their achievements, and by beginning to identify an area that needs to be strengthened.</p> <p>Learning Outcomes To see oneself as special, to recognise strengths, abilities and personal characteristics. To have begun to build self esteem and confidence by looking at their skills and achievements To begin to identify personal areas that need improvement</p>	<p>PSHE & Citizenship Framework</p> <p>1b, to recognise their worth as individuals by identifying positive things about themselves and their achievements, seeing their mistakes, making amends and setting personal goals</p>	<p>Year 3 Topic 1, Sex and Relationship Education Scheme of Work, Croydon Healthy Schools</p>
Year 3	<p>Lesson Two: Challenging Gender Stereotypes</p> <p>Learning Intention To recognise and challenge gender stereotypes</p> <p>Learning Outcomes Understand that males and females can do the same tasks and enjoy the same things Understand that there are different stereotypes (fixed ideas) about what males and females can do.</p>	<p>PSHE & Citizenship Framework</p> <p>1b, 4e to recognise and challenge stereotypes,</p>	<p>Year 3 Lesson 1 Teaching SRE with Confidence, The Christopher Winter Project</p> <p>Amazing Grace, Mary Hoffman and Caroline Binch Happy Families, Allan Ahlberg Princess Smartypants, Babette Cole William's Doll, Charlotte Zolotow</p>
Year 3	<p>Lesson Three: Differences: Males and Females</p> <p>Learning Intention To recognise the difference between males and females including body parts</p> <p>Learning Outcomes Identify the differences between males and females Name male and female body parts using agreed words</p>	<p>PSHE & Citizenship Framework</p> <p>3c, about how the body changes as they approach puberty</p> <p>National Curriculum Science 2a, to recognise and compare the main external parts of the bodies of humans and of other animals</p>	<p>Year 3 Lesson 2, Teaching SRE with Confidence, The Christopher Winter Project</p> <p>Channel 4 Living and Growing Unit 1, Programme 1, Differences</p>

<p style="text-align: center;">Year 3</p>	<p>Lesson Four: Family differences</p> <p>Learning Intention To recognise that families are different and to challenge stereotypes about families</p> <p>Learning Outcomes To know that all families are different and have different family members Understand that people sometimes have stereotypes (fixed ideas) about families</p>	<p>PSHE & Citizenship Framework</p> <p>4c to be aware of different types of relationship, including marriage and those between friends and families</p> <p>4e to recognise and challenge stereotypes,</p>	<p>Year 3 Lesson 3, Teaching SRE with Confidence, The Christopher Winter Project</p> <p>The Family Book, Todd Parr Who's in a Family? Robert Skutch Nutmeg Gets a Little Sister, Judith Foxon Happy Families, Allan Ahlberg Spark Learns to Fly, Judith Foxon</p>
<p style="text-align: center;">Year 3</p>	<p>Lesson Five: Decision Making</p> <p>Learning Intention To be able to demonstrate simple decision making strategies</p> <p>Learning Outcomes To recognise that choices require decisions. To be able to consider different possibilities. To demonstrate effective decision making skills.</p>	<p>PSHE & Citizenship Framework</p> <p>1c, to face new challenges positively by collecting information, looking for help, making responsible choices and taking action 2f, to look after their money and realise that future wants and needs may be met through saving</p> <p>4a that their actions affect themselves and others, to care about other people's feelings and to try to see things from their points of view</p>	<p>Year 3 Topic 3, Sex and Relationship Education Scheme of Work, Croydon Healthy Schools</p>
<p style="text-align: center;">Year 3</p>	<p>Lesson Six: Safety</p> <p>Learning Intention To be able to use basic techniques to resist pressure.</p> <p>Learning Outcomes To be able to identify potential dangers in different environments To recognise that pressure to behave in an acceptable or risky way can come from a variety of sources, including media and people they know To demonstrate basic techniques to resist pressure To know who they can go to for support and help</p>	<p>PSHE & Citizenship Framework</p> <p>2k, to explore how the media present information 3e, to recognise the different risks in different situations and then decide how to behave responsibly, including sensible road use, and judging what kind of physical contact is acceptable or unacceptable</p>	<p>Year 3 Topic 4, Sex and Relationship Education Scheme of Work, Croydon Healthy Schools</p>

Additional recommended resources

Key Stage 2, Lesson plans, p 74-109, Laying the Foundations: Sex and Relationships Education in Primary Schools, Anna Martinez & Vanessa Cooper, NCB, 2006

Addressing Lesbian, Gay, Bisexual And Transgender Equality In Primary Schools: Books For Use In Primary And Early Years Settings,

<http://www.nooutsiders.sunderland.ac.uk>

Key Stage 2: Year 4

	Learning Intentions and Outcomes	End of Key Stage Statements	Suggested Resources
Year 4	<p>Lesson One: Growing and Changing</p> <p>Learning Intention To understand the human life cycle and how the body changes</p> <p>Learning Outcomes Describe the main stages of the human life cycle Describe the body changes that happen when a child grows up</p>	<p>PSHE & Citizenship Framework 3c, learn about how the body changes as children approach puberty</p> <p>National Curriculum Science 1a, that the life processes common to humans and other animals include nutrition, movement, growth and reproduction 2f, about the main stages of the human life cycle</p>	<p>Year 4 Lesson 1, Teaching SRE with Confidence , The Christopher Winter Project</p>
Year 4	<p>Lesson Two: Body Changes and Reproduction</p> <p>Learning Intention To identify some basic facts about puberty, reproduction and pregnancy</p> <p>Learning Outcomes Know that during puberty the body changes from a child into a young adult Understand why the body changes in puberty Identify some basic facts about pregnancy</p>	<p>PSHE & Citizenship Framework 3c, 1d, to recognise as they approach puberty, how people's emotions change at that time and how to deal with their feelings towards themselves, their families and others in a positive way</p> <p>National Curriculum Science 2f,</p>	<p>Year 4 Lesson 2, Teaching SRE with Confidence, The Christopher Winter Project</p> <p>Channel 4 Living and Growing Unit 1, Programme 2, How did I get here?</p> <p>Tell Me Again About The Night I Was Born, Jamie Lee Curtis. Happy Families, Allan Ahlberg The Family Book, Todd Parr Who's in a Family, Robert Skutch</p>
Year 4	<p>Lesson Three: What Is Puberty?</p> <p>Learning Intention To learn about the physical changes associated with puberty</p> <p>Learning Outcomes Know the physical changes that happen in puberty Know that each person experiences puberty differently</p>	<p>PSHE & Citizenship Framework 3c, 1d,</p> <p>National Curriculum Science 2f,</p>	<p>Year 4 Lesson 3, Teaching SRE with Confidence, The Christopher Winter Project</p> <p>Hair in Funny Places, Babette Cole</p>

Year 4	<p>Lesson Four: Feeling, Thinking and Doing – Changing relationships</p> <p>Learning Intention To learn strategies to deal with feelings in the context of relationships</p> <p>Learning Outcomes Identify feelings and understand how they affect behaviour Show awareness that feelings change during puberty and these changes can affect our relationships Can practice strategies for managing some feelings</p>	<p>PSHE & Citizenship Framework</p> <p>1d , 2f, to resolve differences by looking at alternatives, making decisions and explaining choices 4a, that their actions affect themselves and others, to care about other people’s feelings and to try to see things from their points of view</p>	Year 4/5 Lesson 6, Supporting Sex and Relationship Education in the Primary School, Islington Healthy Schools
Year 4	<p>Lesson Five Assertiveness</p> <p>Learning Intention To understand and be able to use assertiveness skills</p> <p>Learning Outcomes To have practised being assertive in different situations</p>	<p>PSHE & Citizenship Framework</p> <p>2f, 3f, that pressure to behave in an unacceptable or risky way can come from a variety of sources, including people they know, and how to ask for help and use basic techniques for resisting pressure to do wrong</p>	Year 4 Topic 3, Sex and Relationship Education Scheme of Work, Croydon Healthy Schools
Year 4	<p>Lesson Six Your Questions Answered</p> <p>Learning Intention To answer questions with confidence and seek help when needed</p> <p>Learning Outcomes Can answer some questions about puberty and growing up Can use appropriate language to discuss puberty Identify sources of information and advice</p>	<p>PSHE & Citizenship Framework</p> <p>1c, to face new challenges positively by collecting information, looking for help making responsible choices, and taking action 3c, 4g, where individuals, families and groups can get help and support</p> <p>National Curriculum Science 1a, 2f</p>	Year 4/5 Lesson 7, Supporting Sex and Relationship Education in the Primary School, Islington Healthy Schools
<p>Additional recommended resources Key Stage 2, Lesson plans, p 74-109, Laying the Foundations: Sex and Relationships Education in Primary Schools, Anna Martinez & Vanessa Cooper, NCB, 2006</p>			

Key Stage 2: Year 5

	Learning Intentions and Outcomes	End of Key Stage Statements	Suggested Resources
Year 5	<p>Lesson One: Talking About Puberty</p> <p>Learning Intention To explore the emotional and physical changes that occur during puberty</p> <p>Learning Outcomes Explain the main physical and emotional changes that happen during puberty Ask questions about puberty with confidence</p>	<p>PSHE & Citizenship Framework 1d, to recognise as they approach puberty, how people's emotions change at that time and how to deal with their feelings towards themselves, their families and others in a positive way 3c, learn about how the body changes as children approach puberty</p> <p>National Curriculum Science 1a, that the life processes common to humans and other animals include nutrition, movement, growth and reproduction 2f, about the main stages of the human life cycle</p>	<p>Year 5 Lesson 1, Teaching SRE with Confidence, The Christopher Winter Project</p> <p>Living and Growing, Unit 2, Programme 4, <i>Changes</i> DVD</p>
Year 5	<p>Lesson Two: Becoming Men and Women</p> <p>Learning Intention To consider gender stereotyping and sexuality</p> <p>Learning Outcomes Understand how our attitudes and values about gender and sexuality may be affected by factors such as age, religion and culture Recognise and challenge gender stereotypes Understand how media messages affect attitudes, can cause inequality of opportunity and affect behaviour</p>	<p>PSHE & Citizenship Framework 1a, To talk and write about their opinions, and explain their views on issues that affect themselves and society 2k, To explore how the media present information 4e, To recognise and challenge stereotypes 4f, That differences and similarities between people arise from a number of factors, including cultural, ethnic, racial and religious diversity gender and disability</p>	<p>Year 5/6 Lesson 2, Supporting Sex and Relationship Education in the Primary School, Islington Healthy Schools</p> <p>Lets Talk about Sex DVD, Channel 4, Living and Growing Unit 3, Programme 9</p>

Year 5	<p>Lesson Three: Puberty and Hygiene</p> <p>Learning Intention To explore the impact of puberty on the body and the importance of physical hygiene To explore ways to get support during puberty</p> <p>Learning Outcomes Explain how to stay clean during puberty Describe how emotions change during puberty Demonstrate how to seek help and support during puberty</p>	<p>PSHE & Citizenship Framework 3c,</p> <p>National Curriculum Science 2f,</p>	Year 5 Lesson 2, Teaching SRE with Confidence, The Christopher Winter Project
Year 5	<p>Lesson Four: Menstruation and wet dreams</p> <p>Learning Intention To understand that menstruation and wet dreams are a normal part of growing up</p> <p>Learning Outcomes Explain and ask questions about menstruation and wet dreams Describe how to manage periods and wet dreams</p>	<p>PSHE & Citizenship Framework 3c,</p> <p>National Curriculum Science 2f,</p>	Year 5 Lesson 3 Part 1, Teaching SRE with Confidence, The Christopher Winter Project
Year 5	<p>Lesson Five: Menstruation education for girls</p> <p>Learning Intention To explore in menstruation issues in detail with girl only groups</p> <p>Learning Outcomes Understand why girls and women have periods Know and discuss how to manage periods</p>	<p>PSHE & Citizenship Framework 3c, learn about how the body changes as children approach puberty</p> <p>National Curriculum Science 2f, about the main stages of the human life cycle</p>	Year 5 Lesson 3, Additional activities, Teaching SRE with Confidence, The Christopher Winter Project

Year 5	<p>Lesson Six: Building Good Relationships</p> <p>Learning Intention To appreciate the importance of friendship in intimate relationships</p> <p>Learning Outcomes Explain the similarities and differences between friendships and intimate relationships Can describe different types of intimate relationship including marriage</p>	<p>PSHE & Citizenship Framework</p> <p>1a, To talk and write about their opinions, and explain their views on issues that affect themselves and society</p> <p>4a, That their actions affect themselves and others, to care about other peoples feeling and to try to see things from their points of view</p> <p>4c To be aware of different types of relationship, including marriage and those between friends and families, and to develop the skills to be effective in relationships</p>	<p>Year 5/6 Lesson 3, Supporting Sex and Relationship Education in the Primary School, Islington Healthy Schools</p>
<p>Additional recommended resources</p> <p>Key Stage 2, Lesson plans, p 74-109, Laying the Foundations: Sex and Relationships Education in Primary Schools, Anna Martinez & Vanessa Cooper, NCB, 2006</p> <p>Addressing Lesbian, Gay, Bisexual And Transgender Equality In Primary Schools: Books For Use In Primary And Early Years Settings, http://www.nooutsiders.sunderland.ac.uk</p> <p>QCA PSHE key stage 2, Sex and relationships education: Unit 5, how the body works and changes in puberty</p> <p><i>Girl Talk: All the stuff your sister never told you</i>, Carol Weston pub Harper Collins</p> <p>Living and Growing, Unit 3, pages 15, 18, 19, 24, 27, 28, 31; Living and Growing, Unit 3, video programme 7</p> <p>www.kidshealth.org - animation of menstruation</p> <p>ACTIV Primary Software, <i>Science</i></p> <p>Promethean: <i>UK resources, Science</i></p> <p>Sex and Relationship Education, Whiteboard Active BBC</p>			

Key Stage 2: Year 6

	Learning Intentions and Outcomes	End of Key Stage Statements	Suggested Resources
Year 6	<p>Lesson One: Puberty and Reproduction</p> <p>Learning Intention To explore the emotional and physical changes that occur during puberty</p> <p>Learning Outcomes Describe how and why the body changes during puberty in preparation for reproduction. Talk about puberty and reproduction with confidence</p>	<p>PSHE & Citizenship Framework 1d, to recognise as they approach puberty, how people's emotions change at that time and how to deal with their feelings towards themselves, their families and others in a positive way 3c, learn about how the body changes as children approach puberty</p> <p>National Curriculum Science 1a, that the life processes common to humans and other animals include nutrition, movement, growth and reproduction</p> <p>2f, about the main stages of the human life cycle</p>	<p>Year 6 Lesson 1, Teaching SRE with Confidence, The Christopher Winter Project</p> <p>Living and Growing, Unit 2, Programme 4, <i>Changes</i> DVD</p>
Year 6	<p>Lesson Two: Relationships and Reproduction</p> <p>Learning Intention To consider reproduction in the context of relationships</p> <p>Learning Outcomes Explain how babies are made Discuss different types of adult relationships with confidence</p>	<p>PSHE & Citizenship Framework 4c to be aware of different types of relationships, including marriage and those between friends and families, and to develop the skills to be effective in relationships</p> <p>National Curriculum Science 1a, 2f,</p>	<p>Year 6 Lesson 2, Teaching SRE with Confidence, The Christopher Winter Project</p> <p>DVD - Living and Growing, Unit 2, Programme 5, <i>'How Babies are Made'</i>.</p>

Year 6	<p>Lesson Three: Conception and pregnancy</p> <p>Learning Intention To explore the process of conception and pregnancy</p> <p>Learning Outcomes Describe the decisions that have to be made before having a baby Know some basic facts about pregnancy and conception</p>	<p>PSHE & Citizenship Framework 2e, That their actions affect themselves and others, to care about other people's feelings and to try to see things from their points of view</p> <p>National Curriculum Science 1a, 2f,</p>	<p>Year 6 Lesson 3, Teaching SRE with Confidence, The Christopher Winter Project</p>
Year 6	<p>Lesson Four: Being a Parent</p> <p>Learning Intention Learning about the roles and responsibilities of carers and parents</p> <p>Learning Outcomes Identify some of the skills and qualities needed to be a parent and carer Understand the variety of ways in which parents and carers meet the needs of babies and children Recognise that both men and women can take on these roles and responsibilities</p>	<p>PSHE & Citizenship Framework 2e, 4a That their actions affect themselves and others, to care about other people's feelings and to try to see things from their points of view</p> <p>National Curriculum Science 2f</p>	<p>Year 5/6 Lesson 6, Supporting Sex and Relationship Education in the Primary School, Islington Healthy Schools</p>
Year 6	<p>Lesson Five: HIV/AIDS Transmission</p> <p>Learning Intention Understand how HIV can be transmitted</p> <p>Learning Outcomes Know what is true and false about how someone can become infected with HIV</p>	<p>PSHE & Citizenship Framework 3b that bacteria and viruses can affect health and that following simple, safe routines can reduce their spread</p>	<p>HIV Transmission Adapted from Teaching and learning about HIV, Simon Blake & Paula Power, NCB 2003</p>

Year 6	<p>Lesson Six Your Questions Answered</p> <p>Learning Intention To answer each others questions about sex and relationships with confidence and find support and advice</p> <p>Learning Outcomes Can answer their won questions about sex and relationships Can use appropriate language to discuss sex and relationships with confidence Can identify sources of information, support and advice for children and young people</p>	<p>PSHE & Citizenship Framework</p> <p>1c, To face new challenges positively by collecting information, looking for help, making responsible choices, and taking action</p> <p>4c, To be aware of different types of relations, including marriage and those between friends and families, and to develop the skills to be effective in relationships</p> <p>4g Where individuals, families and groups can get help and support</p>	<p>Year 5/6 Lesson 7, Supporting Sex and Relationship Education in the Primary School, Islington Healthy Schools</p>
<p>Additional recommended resources Teaching and learning about HIV, p26 -27, Simon Blake & Paula Power, NCB 2003 Two Weeks With The Queen, Morris Gleitzman Key Stage 2, Lesson plans, p 74-109, Laying the Foundations: Sex and Relationships Education in Primary Schools, Anna Martinez & Vanessa Cooper, NCB, 2006 Addressing Lesbian, Gay, Bisexual And Transgender Equality In Primary Schools: Books For Use In Primary And Early Years Settings, http://www.nooutsiders.sunderland.ac.uk QCA PSHE key stage 2, Sex and relationships education: Unit 5, how the body works and changes in puberty <i>Girl Talk: All the stuff your sister never told you</i>, Carol Weston pubs Harper Collins Living and Growing, Unit 3, pages 15, 18, 19, 24, 27, 28, 31; Living and Growing, Unit 3, video programme 7 www.kidshealth.org - animation of menstruation ACTIV Primary Software, <i>Science</i> Promethean: <i>UK resources, Science</i> Sex and Relationship Education, Whiteboard Active BBC</p>			